



# Checklist

Senior campers and LIT's should pack the following items for Thursday trips. Dress according to the weather for each trip and always pack a bathing suit and towel. Swimming at camp is likely if the trip is quick or canceled or shortened due to weather.

## Hike:

Wachusett, Blue Hills, Maudsley State Park

- Back Pack
- Sunscreen
- At least 2 Water bottles (freeze 1) Hydration pack or water bladder recommended
- Bug repellent
- Hat
- Hi Energy Snacks
- Hiking Boots/Supportive sneakers
- Non Perishable Lunch
- Light Rain Jacket

## Water activity:

Canoe, Odiorne Point

- Water shoes/sandals with heel strap
- Change of clothes (just in case...)